# Research on the Innovative Practice of Integrating Red Resources into Ideological and Political Courses to Educate People

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Abstract: In order to give full play to the role of red cultural resources in the education of College Students' ideals and beliefs and the cultivation of socialist core values, carrying forward and inheriting the spirit of red culture in the teaching of Ideological and political courses in schools has become a clear requirement in the implementation outline of the quality improvement project of Ideological and political work in schools. Infiltrating red resources into school classrooms plays an important role in inheriting China's humanistic history and casting the national spirit. Therefore, this paper focuses on the integration of red cultural resources into school ideological and political courses, and mainly explores its strategies, hoping to enrich the teaching content, methods and means of school ideological and political courses, enhance the cultural identity of young students and improve the appeal and effectiveness of Ideological and political education and teaching in the inheritance and innovative development of red culture.

#### 1. Introduction

Red resources are the product of the joint exploration of Chinese Communists, advanced elements and the people. They originated in the era of revolutionary war. They are advanced culture with Chinese characteristics bred and developed in the flames of war. They not only have a deep spirit of revolutionary struggle, but also are the epitome of Chinese history and culture. Integrate red resources into the teaching reform of Ideological and political courses in schools, and deeply excavate the spiritual essence and contemporary value of red culture, so that students can deeply experience the sense of national mission while learning ideological and political theories, and always maintain a heart of awe.

# 2. The Importance of Integrating Red Resources into Ideological and Political Courses

# 2.1. Promoting Students' Value Recognition

Red resources are excellent culture with unique value jointly forged by the party and the people during the revolutionary war. Red cultural resources and their inherent spiritual characteristics highlight the functions of value guidance and spiritual motivation in the new era. Inheriting them to teenagers can make the theme louder and the positive energy stronger, and play an important role in the educational goal of school ideological and political courses. Looking back on history, based on the value identification, the Red Army and the people in the Revolutionary War era can clearly and deeply understand the relationship between their destiny and common destiny, and even if they are extremely difficult, they can achieve arduous victory in the brutal resistance. The military and civilian fish and water situation displayed by the red culture is an interdependent coexistence relationship, presenting a community of shared destiny in which both prosper and lose, and expressing the demands of advanced soldiers and working people to get rid of exploitation and resist oppression, as well as the pursuit of happiness and free and comprehensive development. Even in a difficult situation, they can make positive contributions to each other with their unique abilities, and they are proud of this. Their outstanding value guidance and spiritual inspiration are constantly emerging in the period of socialist construction and reform. In the new era, red culture, which is formed in the vivid practice of advanced Communists and hardworking people uniting as

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one and fighting bravely, has lofty ideals, firm beliefs, serving the people, fearing no sacrifice, selfless dedication and other spiritual characters. It is a vivid textbook for young students to temper their ideology and morality and cultivate their patriotism. Let them carefully understand, accept baptism and sublimate their spirit in knowing the struggle history of their ancestors who were not afraid of sacrifice, which will help stimulate their patriotic feelings and behaviors.

### 2.2. Helping Students Build Faith

The world is developing, and there are new situations in the new era. At present, school staff are carrying out many great struggles with new historical characteristics. Similarly, the educational environment of Ideological and political courses in schools is also undergoing profound changes. Looking at the reality, western thoughts are constantly pouring in, and values such as individualism and money worship are breeding and spreading among young people. Mainstream and non mainstream ideology are surging in the minds of young students, causing extremely bad negative effects on young students who are still immature and in the shaping period of scientific values. Therefore, based on the needs of Ideological and political education practice, school ideological and political teachers should correctly understand and understand the research on the mechanism of the educational function of red culture, and deeply understand that "ideal is ideal because of its greatness, and belief is belief because of its persistence. Therefore, school staff should implement the education of ideal and belief as a strategic task of ideological construction".

Then, in the current ideological and political education environment, it is necessary to help young students strengthen their ideals and beliefs, and it is very necessary to transform the spiritual characteristics contained in the red cultural resources, such as loyalty and firmness, hard work, fear of sacrifice, courage and responsibility, and lifelong struggle for the Communist ideal, into moral education for young students. Taking the red culture resources as the classic materials for the teaching practice of Ideological and political courses in schools is to constantly highlight the vitality and appeal of the red culture and its value implication, and play a value guide in promoting the improvement of teenagers' comprehensive quality. "If the young generation has ideals, abilities and responsibilities, the country will have a future and the nation will have hope." Teachers of Ideological and political courses in schools should adhere to the original intention of Building Morality and cultivating people, shoulder the mission of educating talents for the country, devote themselves to educating people with culture, and teach ideological and political courses well by tapping and giving full play to the educational advantages of red cultural resources, so that the majority of young people can strengthen their ideals and beliefs, cultivate patriotism, and grow into new people of the times worthy of the great task of national development.

#### 3. Innovative Practice of Integrating Red Resources into Ideological and Political Education

In the new era, school ideological and political teachers should play a key role in Ideological and political teaching, explore and use the advantages of red cultural resources, and actively explore the practical path of integrating red cultural resources into Ideological and political education.

## 3.1. Unity of Red Resources and Value Implication

As teachers of Ideological and political courses in schools, they must nourish their mission with a high degree of theoretical cultivation, and cannot relax the requirements for scientific research due to the change of educational objects. They should actively explore local red resources, enhance the professionalism, systematicness and effectiveness of theoretical research on red cultural resources, comprehensively improve their theoretical foundation and knowledge literacy, and achieve that when giving students a bowl of water, they have a pool of water. The educational efficiency of red cultural resources in the practice of Ideological and political education in schools largely depends on the theoretical literacy and practical level of Ideological and political teachers. Therefore, teachers should achieve the mutual benefit of teaching and research, thoroughly study the red cultural resources and the spiritual value contained therein with a realistic and rigorous scientific research attitude, and make academic research go deep, to the heart and to the reality. In addition,

teachers should also apply what they have learned, actively, scientifically and effectively transform red cultural resources into resources to exercise students' morality, integrate red resources into teaching plans, bring them into the classroom, and bring them into students' minds, and guide young students to learn to be human, learn to study, and learn to do things.

## 3.2. Unity of Inheritance and Innovation

Red resources are the rational resources created by predecessors in practice and the treasure house of resources owned by future generations. When integrating them into the teaching practice of Ideological and political courses in schools, we should treat them with a scientific attitude, focus on the cognitive characteristics and objective reality of young students, and achieve the unity of inheritance, publicity, innovation and transformation. School ideological and political teachers should not only strengthen the Marxist position, use scientific theory to guide the theoretical and value research of red cultural resources, so as to achieve the depth of school ideological and political education, but also improve the political position, grasp the pulse of the times, and achieve a high level of school ideological and political education. When the practice of Ideological and political education in schools is booming, it is necessary to combine the cognitive characteristics of young students, closely combine ideological and political education with objective reality, pay attention to social practical problems, answer questions and solve doubts for young students in a concise and clear way, help them understand the world and change the world. For this reason, teachers of Ideological and political courses in schools cannot use mechanical indoctrination to preach history and explain theory to students. They should innovate and integrate with the times, and combine the ideological connotation and spiritual value of red culture with the requirements of the times, social development, human progress, etc. In addition, teachers should also use vivid examples of social hot spots, real life, people's concerns and other fresh examples around young students in teaching. Through vivid, in-depth and specific vertical and horizontal comparisons, they should explain the truth clearly, adhere to speaking with facts, inspire students to think, and let them constantly understand the scientificity and truth of the red spirit in their thinking and discernment of social reality.

# 3.3. Unity of Education in Class and Practice after Class

The teaching of Ideological and political courses in schools should adhere to the subjectivity of students, pay attention to the research on the cognitive laws and acceptance characteristics of young students, and stimulate the endogenous vitality of students, so as to ensure the effectiveness of Ideological and political education. In class education, teachers should transform the innovation of red culture resources into vivid and plain teaching materials that students like to see and hear. By telling stories, clarifying the spirit, and showing the style, students can deepen their understanding of red culture, enhance their understanding of red spirit, and build a correct outlooks. Of course, to maximize the effectiveness of Ideological and political education in schools, it is far from enough to rely on classroom education. It is also necessary to open up practical education after class, so that students can understand the scientificity and truth of theory in practice. Therefore, the construction of Ideological and political courses in schools should focus on the innovative practical teaching of students, take root in real life, make good use of local resources, make the red spirit "live", and make students truly feel the power of the red spirit, so as to achieve the goal of tempering students' character, broadening students' vision, and consolidating comprehensive quality. For example, the school carries out experiential teaching, leads students to go deep into the masses and life, and holds various forms of practical activities such as small volunteer activities, serving the nursing home, and serving the community, so that students can understand life in people's life, gain self recognition and value recognition, and gain the wisdom of the people. Teachers organize practical teaching such as thematic debate, historical situational drama performance, watching video materials, etc. to help young students understand the value incentive role of the red spirit.



Figure 1 Students' participation in the service of nursing homes

#### 4. Conclusion

In a word, integrating red resources into the teaching of Ideological and political courses in schools can play a positive role in promoting the establishment of teenagers' ideals and beliefs and patriotism. In this process, schools need to integrate their own advantages, fully tap various red resources, find the profound revolutionary spirit and historical and cultural heritage, enrich the ideological and political education work of schools, so that more teenagers can learn and feel the fun brought by red resources, so as to enhance their understanding of Red Resource Education.

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